

Here to help



SEN



VISIT INFORMATION

Did you know an SEN firefighter could visit your group?

Stay up to date with us on Facebook!
www.facebook.com/safeside.wmfs

IMPORTANT:

PLEASE ENSURE ALL ACCOMPANYING CARERS READ



Prevention



Protection



Response

Making West Midlands Safer

WEST MIDLANDS FIRE SERVICE

www.wmfs.net

Welcome to Safeside at Eastside – SEN PROGRAMME

Safeside is a state-of-the-art, scenario based, experimental learning safety complex that will provide an innovative, interactive enjoyable learning experience that inspires people to think and act safely. Safeside offers life-sized scenarios with wheelchair access. We provide 2 alternatives for our Special Needs groups – SEN Programme (which is more flexible and can be customised to the needs of your group) and the SEN Lifeskills Programme (which is more structured, uses actors and is more appropriate for those young people who are out and about on their own).

Facilities

- ▶ Safeside can accommodate SEN groups of up to 21 accompanied by their teacher/carers.
- ▶ Toilet facilities (including disabled) are available in the main entrance.
- ▶ Facilities can be booked to allow the group to eat their own packed lunches.

How to Customise your Visit

The SEN programme visit can be customised by selecting which of the scenarios would be appropriate for your group using the form provided. Tailor your requirements even more by drawing a line through the Points Raised that you don't want covered and make a note of anything extra you require. This is then returned to Safeside prior to your visit in the envelope provided.

- ▶ All scenarios can be accessed by wheelchair users.
- ▶ Seating is available at some scenarios and is indicated on the Scenario Information as **Seating**.
- ▶ A standard four would spend 10 minutes in 11 scenarios, however, an SEN visit is likely to spend longer at chosen scenarios but use fewer of them.
- ▶ You may select as many of the scenarios as you feel appropriate for your group.

The SEN Lifeskills visit is less flexible, however, any relevant information relating to members of the group and your requirements should be passed when bookings are made.

On Arrival

- ▶ On arrival the group will be taken into the main conference room. They will be welcomed and told that they will be visiting Safeside which is just like a real part of town.
- ▶ The reason for this visit is to find out how to keep themselves and others safe.
- ▶ The group will then be split into smaller groups each with a trained guide. Teachers/Carers may accompany the groups as they feel necessary.
- ▶ The visit may have two or more groups of a similar age from different schools or groups but they will not be mixed.

At the end of your Visit

- ▶ All groups will meet up together in the Conference Room.
- ▶ The visits can last up to approximately 2 hours (but this is flexible to your requirements).

In Car Safety (Seating)

AIMS

- Understand how to get in and out of the car safely.
- Understand how to use seatbelts safely.



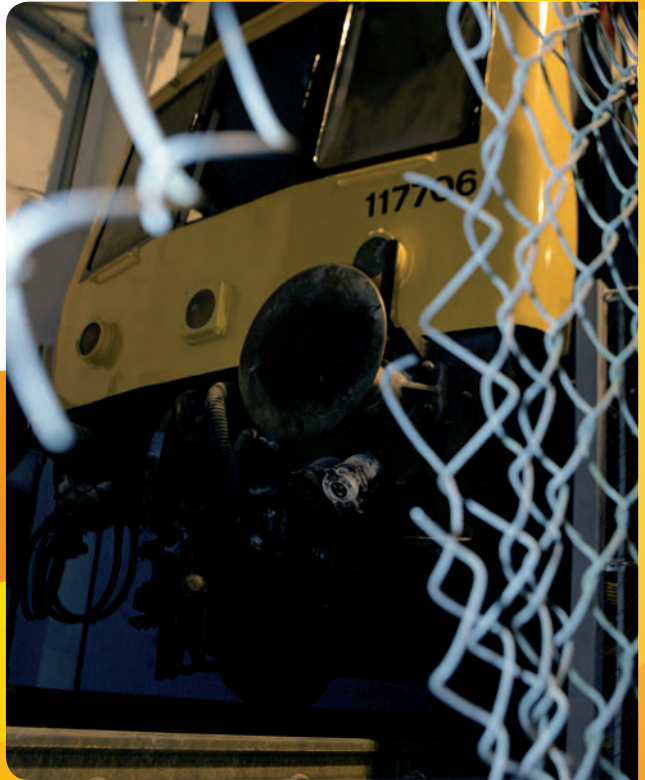
Points Raised

- ▶ Booster seats – Correct sizes depend on height – under 12 and under 135 cm tall, must have child seat/booster.
- ▶ How to get into a car safely.
- ▶ Why seatbelts should always be worn.
- ▶ How to behave safely in car.
- ▶ What happens to loose items in cars?
- ▶ Getting out of a car safely.
- ▶ Distractions to driver – watch a film showing the consequences of distracting the driver.

Railway Safety (Seating)

AIMS

- Understand the risks of trespassing on or near railway tracks.
- Understand and practice safe and considerate travel on a train.



Points Raised

- ▶ How to behave on a train.
- ▶ Watch a video (quite hard hitting including CCTV footage of children on tracks, a child with electrical burns and interviews with a parent and a police officer about a fatality).
- ▶ Effect of accidents on drivers, passengers, friends and family and you. How you can keep safe and keep others safe.
- ▶ Why you should never go on a track, electrical rails and lines.
- ▶ Speed of trains, stopping distances, wind turbulence.

Home Safety (seating)

AIMS

- Understand the key hazards in the kitchen and how to reduce them.
- Understand the key dangers for toddlers in a domestic environment.



Points Raised

Kitchen

- ▶ Spot the kitchen dangers.
- ▶ Wash hands – wet hands on kettle, towel on cooker, carrying full kettle, bread stuck in toaster, saucepan handles, metal spoons, etc.,
- ▶ Why you should never go on a track, electrical rails and lines.
- ▶ Make the kitchen safe.
- ▶ How to treat a scald.

Lounge

- ▶ In the lounge spot the burn hazards.
- ▶ Tidy the lounge to make it safe for toddlers.

Fire Safety

AIMS

- Find fire risks in the bedroom.
- Know what to do in a fire emergency.
- Understand the consequences of fire in the home.



Points Raised

- ▶ Find possible causes of fire in the bedroom.
- ▶ What to do if the smoke detector goes off?
- ▶ Night time routine.
- ▶ Make sure you have a fire escape plan.
- ▶ Look at the burnt out bedroom.
- ▶ How long did it take to burn? What caused the fire?
Watch a film on fire spread.
- ▶ Get out, stay out Dial 999.
- ▶ Make a 999 emergency call from the telephone box.

Road Safety

AIMS

- Know how to cross roads safely.
- Understand how long it takes for a car to stop and what could happen.
- Understand what to look for when choosing a safe place to cross.



Points Raised

- ▶ Watch the filmed car, look at his speed then decide where he would stop.
- ▶ Know how to cross the road safely using a pedestrian crossing routine – WAIT, LOOK, CROSS, KEEP LOOKING AND LISTENING ALL THE TIME.
- ▶ Where to cross safely if there isn't a crossing.
- ▶ Where would be a dangerous place to cross?
- ▶ Distractions when crossing a road.
- ▶ Care of younger children when crossing a road.

Nationwide

AIMS

- Understand the benefits of saving.
- Understand how an ATM works.
- Use an ATM Safely.
- How to look after your money.



Points Raised

- ▶ What people do with money?
- ▶ Why is it good to save?
- ▶ What is an ATM?
- ▶ How to use an ATM.
- ▶ How to make sure that your money is kept safe.

Shop

More details
& latest news at
www.safeside.org.uk

AIMS

- Know what you can and cannot buy.
- Be aware, of best before and sell by dates.
- Understand receipts and making sure you have the correct change.



Points Raised

The group is given a shopping list and money and asked to do some shopping and pay for it. They then discuss the following:-

- ▶ Receipts and change.
- ▶ Best before and sell by dates.
- ▶ Cigarettes – their effects.
Alcohol – its effects.
- ▶ Why we have age limits.
- ▶ What else is restricted?
- ▶ Your own personal safety.

Internet Café (Seating)

AIMS

- Use of online resources to understand problems associated with the use of computers.
- Use of computers for fire safety.



Points Raised

- ▶ Never to give any information about yourself if you are on the internet.
- ▶ Never 'chat' to anyone if you don't know exactly who they are.
- ▶ Internet 'Stranger Danger'.
(CEOPS FILM KNOW YOUR FRIENDS WITH JOSH AND SUE).
- ▶ Use computers to spot the fire hazards.
- ▶ Try the Schools Safety Challenge.

Alleyway

AIMS

- Be aware of hazards faced on the street and how to reduce risks.
- Recognise warning signs given by the body when in a dangerous situation.



Points Raised

- ▶ Are shortcuts always safe?
- ▶ Graffiti and tagging – a mark of gangs.
- ▶ Who might be in an alleyway?
- ▶ Problems with wearing earphones for mp3's, etc.
- ▶ Finding safe routes.
- ▶ Stranger Danger.

Police Station and Court (Seating)

AIMS

- Understand that vandalism is a crime.
- See the consequences of vandalism.
- How to deal with peer pressure.
- Understand the police help us.



Points Raised

- Understand what vandalism is.
- Watch a video/videos in which vandalism is dramatised.
- Talk about the film and discuss what happens as a result.
- Understand that vandalism is a crime.
- Identify those who are 'guilty' or 'innocent' of the crime.

Safer Travel (seating)

AIMS

- Staying safe when out and about on the streets and travelling.



Points Raised

- ▶ Bike safety – be seen, have a safe bike, use a helmet, and use safe routes.
- ▶ Dog mess – be a responsible owner and why.
What an electrical substation does, why it is dangerous and what to do if you need access?
- ▶ Where to sit on a bus to be safe, not to distract the driver, use of mobile telephones, MP3s etc., no smoking.

Water Safety

AIMS

- Understand the dangers of canals.
- Keep yourself and others safe around water.



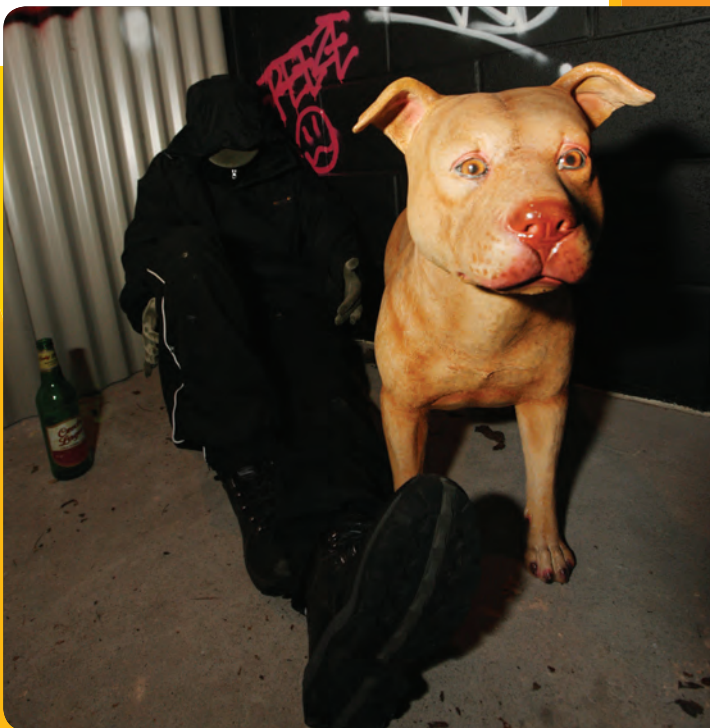
Points Raised

- ▶ Dangers of cold water.
- ▶ What to do in an emergency in water without putting yourself in danger?
- ▶ How to get help and making an emergency call.
- ▶ Understand the problems with litter and wildlife.
- ▶ Understand the meaning of flags at the beach.

Safety Around Dogs

AIMS

- Understand what to do around dogs you do not know, so that you can stay safe.



Points Raised

- ▶ Don't look at dogs that you don't know – ignore them.
- ▶ Don't run away – they will just follow you and they can run very fast.
- ▶ If it tries to jump up – don't say anything – just turn away.
- ▶ If you fall over curl up into a little ball.



Lifeskills

Safeside SEN Lifeskills Programme is delivered in partnership with Birmingham School of Acting. Groups experience acted scenarios and workshop style discussions in the shop, alleyway, bus and court room challenging them to think about some crucial issues around personal safety and responsibility. It also covers significant sections of the PSHF curriculum at KS 3.

It is available during school hours only between the months of November to March each year so early booking is advisable.

Groups of up to 40 are welcome with an appropriate level of supervisory staff and assistants to meet the needs of the young people visiting. The groups will then be divided into smaller parties which will be accompanied throughout their visit by our SEN Educator Firefighters who will be there to clarify and explain scenarios and any points raised. Each scenario lasts for 20 minutes with an introduction and question time at the end of the visit.

The SEN Lifeskills Programme is suitable for those young people who are out and about on their own and will be challenged by a variety of life experiences which they may not find easy to deal with. These young people would be of secondary school age.

Scenarios may cover the following topics:-

Safety in the Home – Fire Safety, Escape Plans, 999 Calls

- ▶ Understand and reduce risk fire in the home.
- ▶ Understand the importance of a working smoke alarm.
- ▶ Know what to do in a fire situation – escape routes and emergency calls.



Out and About – Water and Road Safety

- ▶ Understand the risks around water and what to do in an emergency.
- ▶ Demonstrate rescue techniques and basic first aid to someone who has been in water.
- ▶ Know how to cross the road safely and the time it takes for a car to stop.
- ▶ Consider how distractions can put you at risk.



Shop and Alleyway

- ▶ Safe and unsafe routes and what to look for.
- ▶ Consequences of knife crime.
- ▶ Minimising risk when out and about.
- ▶ What makes a real friend as opposed to a gang member?



Personal Safety – Peer Pressure, Court and Bus

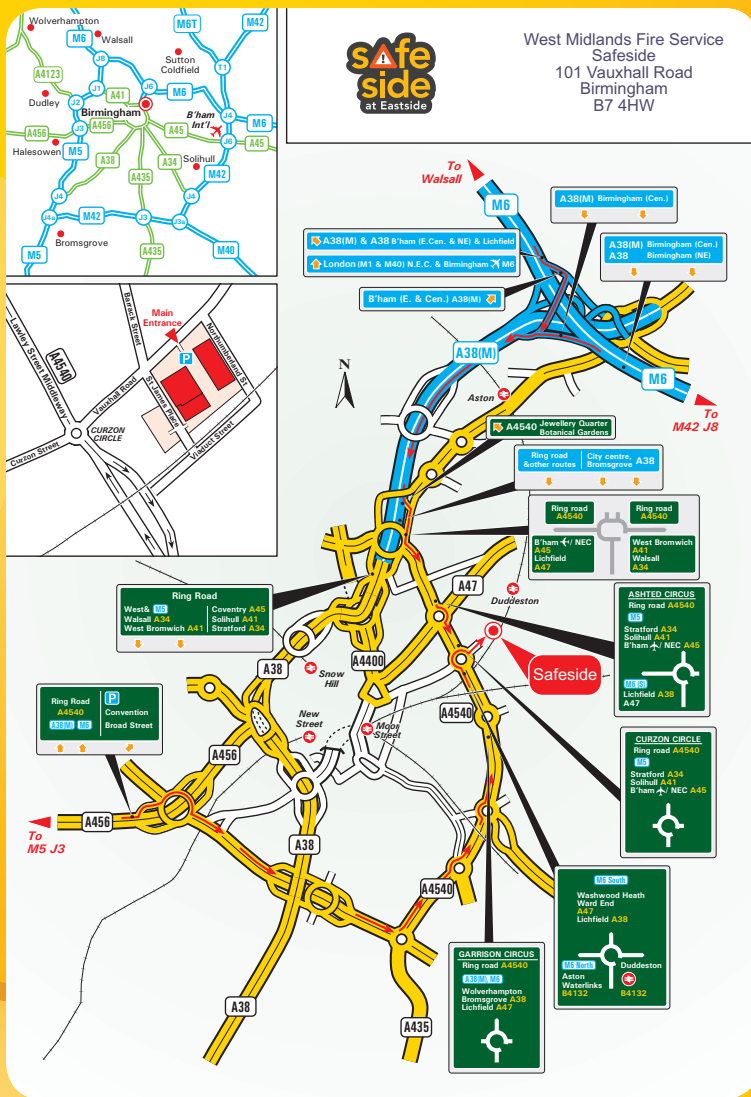
- ▶ Realise the consequences of crime.
- ▶ Develop skills in deciding whether or not someone is guilty.
- ▶ Understand the effect of anti social behaviour.
- ▶ Develop skills and confidence in using public transport safely.



Travel Safety – In-Car Safety, Buses, Trains, Pedestrian

- ▶ Understand how car passengers can help keep.
- ▶ Understand causes and results of driver distractions and unsecured objects and people.
- ▶ Think about considerate behaviour on a train.
- ▶ Understand the dangers of railway tracks.





Safeside is next to the West Midlands Fire Service Headquarters:

Safeside, 101 Vauxhall Road, Birmingham B7 4HW

Telephone: 0121 380 6429

visit us: www.safeside.org.uk email: info@safeside.org.uk

A multi-agency community partnership initiative by West Midlands Fire Service



Prevention

Making West Midlands Safer